

# ONLINE SAFETY

*Parent Session*

*Supporting your child to stay safe online*



# What Social Media do we use now?



**Minecraft 7+**  
**13+ for acct.**



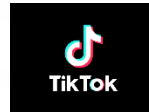
**Facebook 13+**



**Snapchat 13+**



**Instagram**  
**13+**



**Tik Tok**  
**13+**



**Youtube** 13+  
To Create account  
with parent  
permission



**WhatsApp**  
**16+**

# Terms & Conditions - Did you know

- “Officially you own any original pictures and videos you post, but we are allowed to **use them**, and we can let others **use them** as well, **anywhere around the world.**
- Other people might **pay us** to use them and we will not pay you for that.” (or put more simply, we can **sell the stuff you upload without asking you or paying you.**)
- “We might send you **adverts** connected to your **interests which we are monitoring.** You cannot stop us doing this and it will not always be obvious that it is an advert.” (or put more simply, we can send you stuff and you won’t know its an advert.)

# Fortnite - Battle Royal 12+

*Fortnite* (also known as *Save the World*) is a survival action game for PlayStation 4, Xbox One, Windows, and Mac, it's the wildly popular last-player-standing mode.

The game is animation Not Bloody or gory – beware of bad language & children copying behaviour!



# What to be mindful about

- How long they play on it (addictive nature)
- Running up cost
- Who they are talking to online during the game (language and bullying)

YouTube Kids- It's free, simple to use, has filters and easy security setting.



Safe search engines – a more family friendly with built in filters



Would you leave your front door wide open all day? (Jigsaw)

- [https://www.youtube.com/watch?v= o8auwnJtqE](https://www.youtube.com/watch?v=o8auwnJtqE)



# Primary age awareness

- Lee and Kim adventure ...Animal magic

[https://www.youtube.com/watch?v=NxYily6t4LQ  
&feature=player\\_embedded](https://www.youtube.com/watch?v=NxYily6t4LQ&feature=player_embedded)

# Children going online without parental control filters

- Would you take your child to be looked after by:
- Someone you've never met
- Allow them to be picked up and taken to address you don't know
- Have no contact details for them in case of emergency
- Leave the child to decide when they get back

# Social Media Facts

- If Social Media were countries; Facebook would be the world's most populous country with over **1.9 Billion** users (China 1.3 Billion, India 1.2 Billion)
- 23% of Facebook users check their account at least 5 times a day
- Despite privacy concerns, only **25%** of Facebook users utilize privacy settings.

# What could happen if your account is Not set to 'Private'

- <http://home.bt.com/lifestyle/money/money-tips/coffee-shop-customers-shocked-by-like-stunt-in-cifas-data-to-go-video-11364071638280>

# Parents/carers who want advice to set up parental control/privacy settings

- Experts from NSPCC & O2 can help

**0808 800 5002**

[www.o2.co.uk/digital-family](http://www.o2.co.uk/digital-family)

# SURVEY

1. What percentage of teenagers go online **100%**
2. How many hours do they spent online each day on average? **7 hours**
3. How many said they had experienced cyber bullying? **70%**
4. What percentage has an social media online profile? **76 %**
5. What percentage said that they upload photos to internet sites? **86%**
6. What percentage share their full name on-line? **37%**
7. What percentage have shared their address online? **42%**
8. What percentage have shared their phone number online? **82%**
9. What percentage has a SMART Phone? **83%**
10. What percentage have taken part in 'sexting'? **76%**
11. What percentage of 'sexting' participants have shown content to others? **76%**

# Paediatric recommendations

- For children younger than 18 months, avoid use of screen media
- For children age 2 to 5 years, limit screen use to 1 hour per day of high-quality programs.
- For children age 6 and older, place consistent limits on the time spent using media, (no more than 2 hours)

# Advice for parents/carers

- **Ask them to show you which social media apps they use and what they like about them.**
- **Talk about how they use them and what makes them so engaging.**
- **Explain how you can use **privacy settings** to make sure only approved friends can see posts & images.**



# Advice for parents/carers

- **Check if any of their apps have ‘geo-location’ enabled, sharing their location unintentionally.**
- **Show them how to report offensive comments or block people who upset them.**
- **Also, get people’s consent before sharing photos.**
- **Encourage your child to come and talk to you if they see anything that upsets them.**

# Phishing & Trojan Horse scams

**Phishing** - This scam tricks people into providing personal information by using fake—but very official-looking—emails or web sites.

**How to avoid** - Don't click links in emails that look official. And, since banks and online shops will never request account or login information in this way, you should *never, ever* pass it on over the telephone or through an email or web site.

# Phishing & Trojan Horse scams

- **Trojan Program** - A Trojan is a program that secretly installs itself on your computer in order to record and send information from your computer—like passwords or hack your computer to send out spam, attack other computers by flooding them with requests or to send itself to other potential victims.
- **How to avoid** - be extremely careful about what you click or open online. You should never open attachments that don't come from verifiable sources

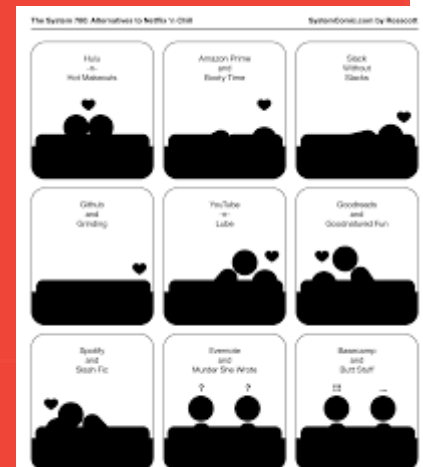
# How to request removing posted images

1. Contact service provider Facebook or Utube
2. Click on the site's Safety Centre
3. Follow the links as directed

Legislation: The 2012 draft European Data Protection Regulation Article 17 details the "right to be forgotten and to erasure  
Counselling available via Childline 0800 11 11

# What is the meaning of N&C

**NETFLIX  
AND  
CHILL**



# Acronyms young people use online

- **LMK** - let me know
- **PIR**- parent in room
- **(L)MIRL** - Let's meet in real life
- **4COL** - for crying out loud
- **KOTL** - Kiss on the lips
- **143** - I love you
- **YBS** - you'll be sorry
- **YMMD** – you've made my day
- **GNOC** – get naked on camera
- **KPC**- Keeping parents clueless
- **RUUP4IT** = are you up for it

# Acronyms young people use online

- **GYPO** - Get your pants off
- **WTTP** - Want to trade pictures?
- **9** - Parent watching
- **99** - Parent gone
- **1174'** - Party meeting place

# Phrases that every parent should know.



<http://www.noslang.com/top20.php>

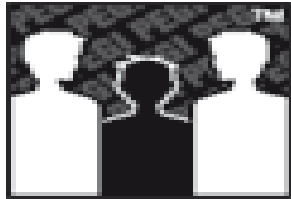
Cool Mom Tech's 99  
acronyms



# PEGI (Pan European Game Information)



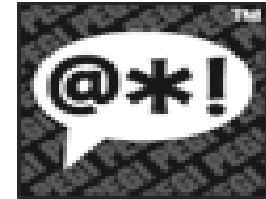
Violence



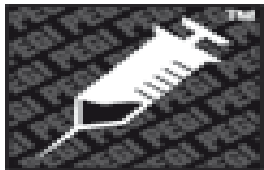
Discrimination



Sex



Bad language



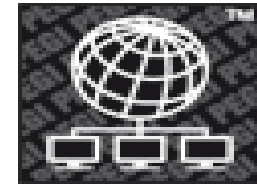
Drugs



Gambling



Fear



Online



## Handout Information:

### Important information to remember about Online Safety

- Have the conversation with the children early and often about how to go online safely
- Explore online together – (allow them to teach you how to browse!)
- Know who your child is talking to online at all times
- Set rules and agree boundaries
- Make sure that content is age-appropriate
- Use parental controls to filter, restrict, monitor or report content ( Call O2 support 0808 800 5002) [www.o2.co.uk/digital-family](http://www.o2.co.uk/digital-family)
- Check they know how to use privacy setting and reporting tools

For more information: [www.thinkyouknow.co.uk/parents](http://www.thinkyouknow.co.uk/parents)

- To help remove content online (contact ~~Revengeporn~~ Helpline 03456000459) who will help you to take down anything that has been posted on the web which you would like to remove.
- Watch this animation on ~~youtube~~ about how children must not give personal details online. **Lee and Kim adventure ....Animal magic**  
[https://www.youtube.com/watch?v=NxYily6t4LQ&feature=player\\_embedded](https://www.youtube.com/watch?v=NxYily6t4LQ&feature=player_embedded)

## Handout Information contd:

-  Use Kids you tube for the children
- 
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- Have a look at lots of helpful information on NSPCC site  
(<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/> )
- [www.o2.co.uk/digital-family](http://www.o2.co.uk/digital-family)
- CEOP guidance video for secondary age young people;
- <https://www.youtube.com/watch?v=9uJ0X0AQ9Qo>
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