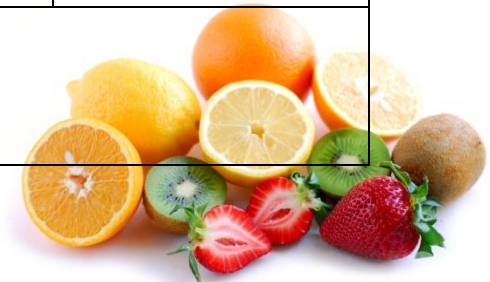


Grosvenor Road Primary School Menu 2016/2017

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main Meal	Pork Meatballs in a Tomato and Basil Sauce, served with Penne Pasta, Garlic Bread	Pepperoni Pizza served with Sweetcorn, Oven Baked Jacket Wedges	Baked Gammon, Gravy served with Garden Peas, Diced Carrots, Roast Potatoes	Savoury Mince & Herby Dumplings served with Farmhouse Vegetables, Creamed Potatoes	Salmon Goujons served with Baked Beans, Oven Baked Herby Diced Potatoes
	Main Meal (non meat) Choice	Vegetable and Quorn Enchiladas served with Sauté Potatoes, Mixed Salad	Quorn and Vegetables in a BBQ Sauce, with Savoury Rice, Sweetcorn	Macaroni Cheese served with Garden Peas, Tomato Bread	Vegetarian Sausages, Gravy served with Farmhouse Vegetables and Creamed Potatoes	Homemade Cheese and Tomato Quiche served with Baked Beans, Oven Baked Herby Diced Potatoes
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from the salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)				
	Pudding	Jam Sponge served with Custard	Chocolate and Beetroot Muffin	Fruity Day	Fruit Jelly with Angel Delight Topping	Shortbread Biscuit with ½ Fruit and Milkshake
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Pudding	Selection of Fresh Fruits / Cheese and Crackers				

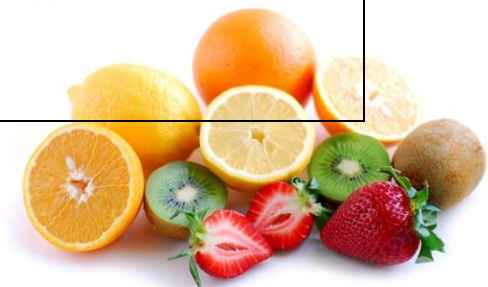
- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily



Grosvenor Road Primary School Menu 2016/2017

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Main Meal	Savoury Mince with Yorkshire Pudding, Green Beans, Buttered New Potatoes	Turkey Grill served in Bun, Peas, Sweetcorn with Oven Baked Chipped Potatoes and a Tomato Dip	Lasagne served with Garlic Bread , Tomato Salsa	Sliced Turkey, Sage & Onion Stuffing, Gravy served with Diced Carrots, Roast Potatoes	Breaded Fish Fillet served with Baked Beans, Oven Baked Herby Diced Potatoes
	Main Meal (non meat) Choice	Quorn and Vegetable Pasta Bake served with Garlic Bread, Chopped Salad	Vegetarian Sausage Roll served with Peas, Sweetcorn, Oven Baked Chipped Potatoes	Cheese and Tomato Pizza served with Oven Baked Jacket Wedges, Tomato Salsa	Quorn and Vegetable Tikka Masala served with Patna Rice, Naan Bread	Cheese Omelette served with Baked Beans, Oven Baked Herby Diced Potatoes
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potatoes	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese, (3 available daily)				
	Pudding	Chocolate and Orange Muffin	Apple Shortbread with Custard	Fruity Day	Chocolate Crunch with Chocolate Sauce	Iced Sponge
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Pudding	Selection of Fresh Fruits / Cheese and Crackers				

- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily



Grosvenor Road Primary School Menu 2016/2017

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Main Meal	Chicken Vegetable Tikka Masala served with Patna Rice, Naan Bread	Welsh Pork Sausages served with Baked Beans, Oven Baked Chipped Potatoes	Roast British Chicken Fillet served with Gravy, Roast Potatoes, Mixed Vegetables	Pasta Bolognese with Garlic Bread, Mixed Salad	Fish Fingers served with Garden Peas, Creamed Potatoes
	Main Meal (non meat) Choice	Vegetarian Nuggets with Broccoli, Oven Baked Saute Potatoes	Cheese and Onion Quiche served with Baked Beans, Oven Baked Chipped Potatoes	Mediterranean Quorn served with Patna Rice, Crusty Bread, Mixed Salad	Cheese Omelette served with Baby Carrots, Oven Baked Jacket Wedges	Quorn Sausages served with Garden Peas, Creamed Potatoes
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)				
	Pudding	Fudge Brownie Slice	Banoffee Cupcake	Fruity Day	Apple Viennese Pie with Custard	Ice Cream Tub
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Pudding	Selection of Fresh Fruits / Cheese and Crackers				

- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily

